

Aftercare following an apicoectomy

The aim of this treatment is to remove an infection of the root tip.

The procedure fills the root canal with special filler material.



Geïnfecteerd of ontstoken weefsel	Infected or inflamed tissue
Tandvlees	Gums
Kanaalvulling	Root canal filling
Dentine	Dentine
Bot	Bone
Buitenkant wortel	Root exterior
Glazuur	Enamel
Kroonvulling	Crown filling
Opzij getrokken tandvlees	Receding gums
Verwijdering van geïnfecteerd weefsel	Infected tissue removal
Verwijdering van wortelpunt	Root tip removal
Hechting met draad	Suturing with stitches
Mogelijke afsluiting van de wortelpunt	Possible sealing of the root tip

The wound is closed with dissolvable stitches that will automatically disappear after about 2 weeks.

Procedure aftercare

Pain and swelling

The local anaesthetic usually wears off after about 4 hours. Make sure you take a painkiller before this happens. It is usually enough to alternate ibuprofen and paracetamol for pain relief.

The procedure may cause the cheek to swell. The swelling will increase during the first 48 hours. The swelling will gradually subside during the following week. This is sometimes accompanied by the skin turning blue and then yellow. We advise you to apply ice to the outside of the affected area for the first 6 to 8 hours. Keeping the area cool reduces any swelling as much as possible. It is not necessary to keep the ice pack in place continuously. 20 minutes per hour is fine.

Brushing and rinsing

It is best not to brush or rinse your teeth for a day following the procedure. On the day after the procedure, it is advisable to brush your teeth well. After brushing you can rinse your mouth with a mouthwash. After a week to 10 days, you can stop the mouthwash.

Food and drink

It is not advisable to have any hot food the first day after the procedure, as this can cause bleeding and increase the swelling. You can have hot drinks and food again the following day.

Smoking has a negative impact on the healing of the wound and is best avoided for up to 5 days after the procedure.

DR GRIET DE TEMMERMAN
DR BENEDIKTE LORRÉ
DR JAN NEVEN
DR JAN VANHOVE

NAAMSESTRAAT 105
3000 LEUVEN

TELEFONISCHE AFSPRAKEN
016 20 92 09

E-MAIL
MKA@HHLEUVEN.BE

TELEFOON SECRETARESSE
016 20 91 90

WEBSITE
WWW.MKA-LEUVEN.BE

Complications

Subsequent bleeding

Your saliva may look a little red after the treatment. If there is major bleeding from the wound, it is best to contact our department. Because the wound is sutured, the risk of any subsequent bleeding is small.

Infection

If the swelling or pain increases rather than fades, please contact our department.

Contact

Contact our department if you experience one of the following symptoms:

- The bleeding does not stop.
- You have a temperature of 38.5°C or more.
- The swelling or pain increases rather than subsides after 4 to 5 days.

DR GRIET DE TEMMERMAN
DR BENEDIKTE LORRÉ
DR JAN NEVEN
DR JAN VANHOVE

NAAMSESTRAAT 105
3000 LEUVEN

TELEFONISCHE AFSPRAKEN
016 20 92 09

E-MAIL
MKA@HHLEUVEN.BE

TELEFOON SECRETARESSE
016 20 91 90

WEBSITE
WWW.MKA-LEUVEN.BE